

THE

DIAMOND

CMW
2011

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Friendship

Recovery Talk

Three young men came to CMW to tell us about choices they made regarding drugs and alcohol. Our first speaker was 16-year-old Sam (right). He had his first drink of alcohol when he was three when his dad would give him sips of beer. Sam started smoking marijuana and drinking alcohol when he was in 6th grade. He continued using and when he was in 9th grade, his mom caught him high. When he passed out, his mom went to get handcuffs, and when he woke up, he had one hand handcuffed to his mom. For the next two months, he had to go everywhere with his mom, even the bathroom. Sam started outpatient treatment but soon relapsed. He hit his all-time low in June 2010 when his step-dad committed suicide; Sam realized that he needed help. He has now been sober for 13 months and he recently graduated outpatient therapy. Sam is enlisting in the Army and will be leaving in August.

Peyton, age 17, (middle) was our next guest. He started drinking at age 11 and that led to the use of marijuana and cocaine. Peyton hung out with the wrong group of friends, and soon he was expelled from school and had many legal charges against him. No one trusted him, he was lonely, and his heart was damaged from drug use. Before drugs, he was into music and wrestling, but drugs ruined his life. Now he isn't able to do half the things he used to because his heart is still healing. However, he has started trusting people and he realized who his real friends were over these past seven months of sobriety. Peyton plans to join the Coast Guard or go to college to become a mechanic. **(Cont. Page 2)**



"Don't give into peer pressure. Stay away from anybody who is trying to pressure you into something that isn't good for you or your body." - Sam



I CAN MAKE A DIFFERENCE IN THIS WORLD.

I CAN, I WILL, I MUST, BOOM!

S.O.D. (Start Our Day)

Twenty-year-old Mike, our third speaker, (left) was 13 when he started using drugs and alcohol. Mike had many life-changing events that caused him a lot of emotional pain. His brother has mental and physical handicaps, and his family doesn't know how much longer he will be around. When he was 16, his baby brother died when he was only four hours old, and when Mike was 17, he watched his best friend of eight years die from alcohol. All of these events contributed to Mike's use, expulsion from school, and legal charges. He lost family and friends, and he wishes he had thought about his choices before he made them. Mike hit his low point this past May when he tried to commit suicide. Thankfully the state patrol showed up right in time and brought him to the hospital. Mike was a CMW camper in 2002 and he wished that he had used the tools he learned here to avoid making bad decisions. He has now been sober for 70 days, and he plans to attend college to pursue a degree in law enforcement.

All of these guys mentioned that it was hard to admit they had a problem. They look back now and wish that they had known how to say no and ask for help. These guys have shown us that bad decisions don't have to define the rest of our lives; we just need to bring our CMW toolbox along for the journey!



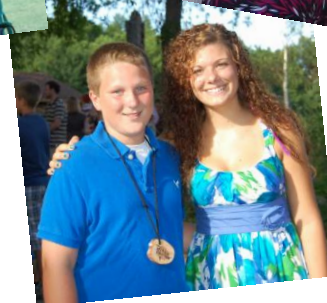
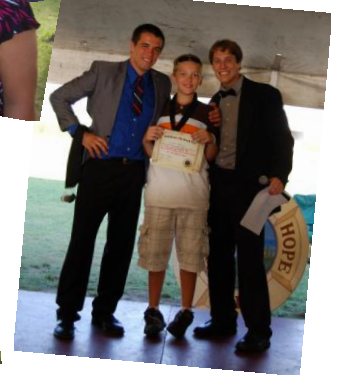
Friendship was our theme for Thursday. At SOD, we heard that friends are honest, dependable, and don't need to be the center of attention. Molly and Lily told us how, even though they have different personalities, they respect and learn from each other. Kirsten and Steph explained that they didn't know each other before working together as counselors this year. They quickly found out that they go to the same college and that they get along really well. Zach and Mac told us that they were best friends in elementary and middle school, but they drifted apart a little after that. During their first year as MAGIC staff, they became closer and even went on shopping dates for camp things. It's great to see how CMW can bring people together and strengthen their relationships!

Alyssa also told us about a time when she was scared to lose one of her friends, her sister Kirsten. Kirsten was in the hospital after getting hit by a car and Alyssa was the first one to find out about it. Thankfully Kirsten walked away with only a concussion. No matter if you met your friend when you were seven, here at CMW, or in college, remember that "a friend is always a friend, and relatives are born to share our troubles" (Proverbs 17:17).

**WE ALL
HAVE A
DIAMOND
INSIDE!
BOOM!**



AWARDS BANQUET



It's my responsibility to have a good day!



At DIM today, Shorty shared with Miles the lesson that his Grandma taught him about the diamond that is inside him. He can make his diamond shine by saying positive things about himself. We each have a diamond inside of ourselves and we wrote our I Am poems to help our own diamonds shine bright.

D.I.M. (DIAMOND INSIDE ME)



CMW Olympics



GOD MADE ME & GOD DON'T MAKE NO JUNK!

Celebrate Me Word Find

H	X	G	O	T	Q	C	T	V	U	C	T	Y	X	O	J	K	Y	N	T
M	F	S	M	J	L	A	V	P	F	K	W	T	U	A	Q	U	V	N	O
V	R	P	O	M	N	E	D	L	O	G	W	O	M	Z	N	D	L	O	T
H	V	F	L	P	I	J	V	B	L	W	G	K	R	O	W	E	R	I	F
M	R	T	K	W	N	Q	C	L	A	I	C	E	P	S	M	A	I	G	P
Z	Y	T	I	R	O	I	R	E	F	N	I	Y	O	L	F	Y	B	V	S
V	A	L	H	W	C	E	N	W	U	M	X	I	R	K	I	U	W	T	T
B	R	Q	F	P	Z	S	N	A	G	O	L	S	T	Z	L	A	F	W	I
X	M	X	B	B	T	B	O	O	M	J	U	M	O	Q	T	C	M	E	P
B	A	S	A	W	Z	Q	B	D	A	C	O	A	N	E	L	C	M	H	S
C	X	P	N	A	M	B	A	Y	D	D	U	B	R	E	P	M	A	C	Y
O	F	F	A	R	X	U	W	I	G	J	E	B	A	Q	Z	T	I	W	L
I	O	O	N	M	J	P	B	J	O	D	O	D	N	V	U	L	E	W	E
Z	F	I	A	F	B	N	E	I	Q	T	E	S	G	Q	T	D	P	U	S
U	R	Y	S	U	I	J	P	C	T	R	I	F	U	Y	H	Q	C	V	O
I	Y	X	O	Z	I	X	B	L	S	O	V	K	S	P	Q	V	K	N	D
F	B	G	N	Z	U	L	E	H	D	N	O	M	A	I	D	U	D	Y	C
C	X	Q	G	Y	X	R	I	I	J	D	N	Z	Q	X	U	K	A	Z	D
N	O	Q	S	A	P	P	T	C	O	N	F	O	R	M	I	T	Y	Z	U
F	S	C	P	A	R	E	N	T	L	E	T	T	E	R	J	V	E	E	X

DIAMOND
 SPITS
 CAMPERBUDDY
 WARMFUZZY
 POW
 WATERBOTTLE
 FIREWORK
 BANANASONG
 SLOGANS
 GOLDENMOP
 PARENTLETTER
 BOOM
 SOD
 INFERIORITY
 CONFORMITY
 LEADERSHIP
 IAMSPECIAL
 ANGUS